HEALTH EDUCATION (HED)

HED 551 Map Hlth Res, Pin, Pol Dev&Mkt (3 credits)
Based on the ARC/VIEW Geographic Information Systems (GIS), this course is a practical introduction to the use of computer mapping and spatial analysis. The course uses the most current GIS technology to understand the environment and how it impacts public health. There is a large computer lab component to the course.
Restrictions: Enrollment is limited to Graduate level students.

HED 552 Epidemiology and Com Health (3 credits)
An introductory course exploring the basic concepts of epidemiology as a public health science, including rates and ratios, risk and association, causation and investigation of outbreak.
Restrictions: Enrollment is limited to Graduate level students.

HED 553 Program Planning for Wellness (3 credits)
A foundation course in the development of health education programs for hospitals, work sites, community, and schools. Discusses models for health behavior, assessment of health education needs, design and implementation of interventions, program marketing, and evaluation of efficacy.
Restrictions: Enrollment is limited to Graduate level students.

HED 554 Curric Strat for Hlth Educatrs (3 credits)
Techniques combining the cognitive, affective, and psychomotor domains in individual and group learning are discussed. Leading models for curriculum development and implementation are emphasized. Mechanics for construction of goals, curriculum design, objective writing, and learning behaviors are stressed. Models for evaluation and needs analysis are examined. The role of the trainer in the organization is also explored, along with strategies for maximizing one's position in the organization. Ethical, legal, and moral questions arising in the health education arena are examined. Prerequisite: HED 553
Prerequisites: HED 4775 or HED 553
Restrictions: Enrollment is limited to Graduate level students.

HED 560 Bio-Psycho Char:Aging American (3 credits)
Areas of study include theories of aging, bio-psychosocial/spiritual characteristics of older people, family systems and non-systems, resources, policy, legislation, and activism.
Restrictions: Enrollment is limited to Graduate level students.

HED 561 Human Sexuality (3 credits)
Content provides sexual awareness and personal growth in the area of interpersonal sexuality. Through participation in a variety of class activities, students increase comfort level in communicating about sexual attitudes, feelings, and behaviors. Sexually transmitted infections, reproductive inefficiencies, and cultural issues are discussed.
Restrictions: Enrollment is limited to Graduate level students.

HED 562 Hlth Care of Childrn in Commn (3 credits)

HED 563 Behvrl Hlth of Chldrn & Youth (3 credits)

HED 571 Employee Asst & Occup Health (3 credits)
An overview course designed to provide the knowledge and skills necessary to help organize, develop, manage, and evaluate employee assistance programs. Emphasis is placed on the positive role of health promotion as a preventive tool. Course explores the role of addictions, family, financial, and legal issues in the life of the impaired employee or student and codependent.
Restrictions: Enrollment is limited to Graduate level students.

HED 572 Concepts of Mental Health (3 credits)
Basic concepts of mental health and illness. A range of theories and psychotherapies, and psychological aspects of health, illness, and addiction are studied.
Restrictions: Enrollment is limited to Graduate level students.

HED 573 Women and Health Care (3 credits)
Inquiry into the health needs of women and their treatment by the health care system. Study includes history, role of women as healers, epidemiology, access to and utilization of health care services, health research, and legislation affecting women's health issues.
Restrictions: Enrollment is limited to Graduate level students.

HED 574 Concepts of Nutrition & Health (3 credits)
A comprehensive examination of the principles of good nutrition during the life cycle. Emphasis is placed on practical applications, including the use of food composition theory to evaluate food intake's, regional, cultural, and religious influences on food habits, fads, preventive health promotion, and health restoration through health education.
Restrictions: Enrollment is limited to Graduate level students.

HED 575 Stress and Crisis Management (3 credits)
Study of health problems related to stress and exploration of methods to reduce the impact of stressors to improve bio-psychosocial health. Demonstrates how to identify, isolate, and manage a crisis and how to foresee future crises, as well as how to develop contingency plans. Physiology of stress, relaxation, biofeedback, fear control, and cognitive reacting are skills studied in relation to stress management.
Restrictions: Enrollment is limited to Graduate level students.

HED 576 Addictions (3 credits)
The study of the nature, causes, and intervention of substance abuse. Historical and sociocultural trends are evaluated in view of current addiction theories. Emphasis is placed upon the relation of addiction to family and work environments, as well as the development of alternate lifestyles.
Restrictions: Enrollment is limited to Graduate level students.

HED 577 Health Education in HIV/AIDS (3 credits)
The retrovirus of AIDS, the people, and the society it infects are the center upon which this course is based. Current public health policy, ethics, and politics of AIDS are examined. Emphasis is placed on skill-building in health education, counseling, and referrals for persons with AIDS, their families, and those individuals who test positive. The school and corporate sectors are explored, as well as high risk groups and global AIDS.
Restrictions: Enrollment is limited to Graduate level students.

HED 578 Experiential Counseling (3 credits)
Theories and applications of counseling. Conceptual emphasis on the "here and now" phenomenologic theory. Psychodrama is stressed. Ethics, risk reduction, and the biopsychosocial/spiritual impactors on both the counselor and the client are integral.
Restrictions: Enrollment is limited to Graduate level students.

HED 579 Principles of Administration (3 credits)
This course will provide an introduction to behavioral health issues related to children and adolescents. Problems, risk factors, diagnosis and treatment will be considered in the context of developmental theory.
Restrictions: Enrollment is limited to Graduate level students.
HED 580 Leadership Principles (3 credits)
An introductory course to acquaint the learner with needs and roles in supervisory activity. Management styles, functions, and analyses, as well as behavioral theory, are evaluated. Planning and decision-making, dealing with the change process, motivation, coaching and counseling techniques, performance appraisal, and control are examined.

HED 581 Physical Assessment: Nurse Anes (3 credits)
HED 582 Pharm Prin Nurse Anesthesia (3 credits)

HED 600 Dir Research in Hlth Ed (3 credits)
An opportunity to conduct a research project under the supervision of a faculty member. Note: students may register for a directed research study only after (a) submitting a research proposal to the program director; (b) arranging for a faculty member to serve as mentor; and (c) receiving explicit approval from the department chair.

HED 650 School Nurse Practicum (3 credits)
HED 651 School Nurse Practicum (3 credits)

HED 770 Special Topics in Hlth Educatn (3 credits)
The learning objectives of this course will be geared toward a specific topic of current interest in the field of health education. The specific topics and prerequisites will be announced in the course schedule.

Restrictions: Enrollment is limited to Graduate level students.