

# PSYCHOLOGY MAJOR

## Learning Goals and Outcomes

**Goal 1:** Knowledge Base in Psychology. Students will develop an understanding of the major concepts, theoretical perspectives, empirical findings, and / or historical trends in Psychology.

**Outcome 1:** Students will be able to identify, define, and/or explain foundational content, core concepts, and fundamental theories of psychology.

**Goal 2:** Scientific Inquiry and Critical Thinking. Students will develop scientific reasoning and problem solving skills. They will be able to apply basic research methodology in psychology.

**Outcome 2:** Students will be able to use the scientific method and statistical analysis to investigate behavior.

**Goal 3:** Ethical and Social Responsibility in a Diverse World. Students will develop an understanding of ethically and socially responsible behaviors in professional and personal settings in a landscape of increasing diversity.

**Outcome 3:** Students will be able to identify key concepts relevant to ethical and socially responsible behaviors in professional and personal settings in a landscape of increasing diversity.

**Goal 4:** Communication. Students will demonstrate competence in written and oral communication skills.

**Outcome 4:** Students will be able to articulate concepts related to the discipline verbally and/or in writing.

## Requirements

### Cornerstone Core Curriculum Requirements

Consist of 14 core and 2 overlay requirements. See below for additional detailed information on each of these requirements.

Code	Title	Hours
<b>First Year Course Requirements</b>		
ENG 101	Craft of Language	3
	World History Course Area	3
<b>Philosophy Requirements</b>		
Either Level One or Level Two (but not both) -- must be Ethics designated. If approved, philosophy courses may count for a student's Writing Intensive overlay. Students may not double-count the same course as Philosophy Level Two and as a Mission Overlay course.		
	Philosophy Level One	3
	Philosophy Level Two	3
<b>Theology &amp; Religious Studies Requirements</b>		
If approved, Theology & Religious Studies courses may count for a student's Writing Intensive overlay. Students may not double-count the same course as CCC Theology and as a Mission Overlay course.		
	Theology	3
	Religious Studies	3
<b>Diversity &amp; INT 151 Requirements</b>		

A student's Diversity course may not count for any other CCC course area requirement or as their Mission Overlay course. If approved, Diversity courses may count for a student's Writing Intensive Overlay requirement. INT 151 may not count for any other CCC requirements. This course must be taken in the first two years

Diversity		3
INT 151	Inequality in American Society	1
<b>Math &amp; Natural Science Requirements</b>		
If approved, Math & Natural Science Requirements may count toward overlay requirements.		
Mathematics		3-4
Natural Science		4
<b>Social Science Requirement</b>		
If approved, such Social Science Requirement may count toward a student's overlay requirements.		
<b>Non-Native Language Requirement</b>		
3-4		
A single Non-Native Language course may not count as an overlay course but a second language course fulfills a student's Mission Overlay requirement.		
<b>Literature Requirement</b>		
3		
If approved, Literature courses may count toward a student's overlay requirements.		
<b>Fine and Performing Arts, Creativity, and Design Requirement</b>		
3		
If approved, Fine and Performing Arts, Creativity, and Design courses may count toward a student's overlay requirements.		
<b>Overlay Requirements</b>		
Writing-Intensive		
3		
If approved, Writing-Intensive courses may double count as major courses, minor courses, electives, or as any CCC course area requirement except for the first-year courses (World History and Rhetoric and Composition).		
Mission-Overlay		
3		
Mission Overlay courses may double count as major courses, minor courses, elective courses, or any of the following CCC course areas: Fine and Performing Arts, Creativity, and Design, Literature, Mathematics, Natural Science, or Social Science.		
<b>Total Hours</b>		<b>47-49</b>

## Recommended CCC Courses

Code	Title	Hours
<b>Diversity</b>		
PSY 212	Multicultural Psychology	
<b>Social Science</b>		
PSY 101	Intro Psychology Seminar	
<b>Writing Intensive</b>		
PSY 210	Research Methods	
<b>Mission-Overlay</b>		
PSY 236	Ethics in Psychology	

## Major Requirements

Thirteen courses are required, including an experiential course. Eleven courses are required if students use an acceptable Psychology special elective to fulfill their experiential requirement, or if they use a study abroad course or a service-learning course to fulfill their experiential

requirement. The experiential course does not have to be a course offered by the Psychology Department.

## Psychology Breadth Requirement

Code	Title	Hours
PSY 101	Intro Psychology Seminar	3
PSY 201	Biological Bases of Behavior	3
PSY 212	Multicultural Psychology	3
PSY 231	Developmental Psychology	3
PSY 123-139 or PSY 170 or PSY 220-269: Any Psychology Elective		
PSY 220-229 or PSY 260-269: Advanced Natural Science-Based Psychology Elective		
PSY 230-239 or PSY 250-259: Advanced Social Science-Based Psychology Elective		
PSY 220-269: Advanced Any Psychology Elective		
Select one from the following for Advanced Special Psychology Elective:		
PSY 205-209		
PSY 220-269		
PSY 390-392		

## Psychology Research Sequence

Code	Title	Hours
PSY 210	Research Methods	3
PSY 211	Stats for the Social Sciences	4
One of the following Capstone Research Seminars:		
PSY 491	Research Seminar: Nat Sci I	
PSY 492	Research Seminar: Nat Sci II	
PSY 493	Research Seminar: Soc Sci I	
PSY 494	Research Seminar: Soc Sci II	

## Experiential Requirement

Psychology majors must satisfy an experiential course requirement. This requirement can be satisfied in a number of ways, and with either a Psychology course or a course offered by another academic department. Students must complete one of the following:

Code	Title	Hours
PSY 390	Internship I	3
or PSY 391	Internship II	
PSY 374	Independent Study I	3
or PSY 375	Independent Study II	
PSY 392	Independent Research I	3
or PSY 393	Independent Research II	
Any Service Learning course		
Any Study Abroad/Tour program/course		

## Independent Study

Code	Title	Hours
PSY 374	Independent Study I	3
or PSY 375	Independent Study II	

The content of the Independent Study is negotiated between student and faculty mentor. The content cannot be that of an existing course in the

curriculum unless that course will not be offered during the time that the student completes his or her program of study.

## Independent Research

Code	Title	Hours
PSY 392	Independent Research I	3
or PSY 393	Independent Research II	

Students are responsible for designing and conducting an original research project under the direction of a faculty mentor.

## Internship

Code	Title	Hours
PSY 390	Internship I	3
or PSY 391	Internship II	

Internship entails spending eight hours each week in a supervised field experience. Settings include clinical, clinical research, counseling, hospital, educational research, special education, correctional, and industrial facilities. Site locations of recent internships have included the following:

- AIIR Consulting
- Bryn Mawr Rehabilitation
- Child and Family Focus
- Children's Crisis Treatment Center
- Children's Hospital of Philadelphia (CHOP)
- Family Court of Philadelphia
- Kinney Center
- Mitzvah Circle
- Serenity Stables
- Social Enrichment Center
- Temple Psychiatric Hospital

Dr. Jodi Mindell (Post Hall 223, jmindell@sju.edu) oversees the internship course for the Psychology Department.

## Free Electives

Psychology majors have seven to ten free electives. There are no restrictions on these elective courses other than ordinary prerequisites. Students may elect to take additional Psychology courses, or may use these electives to fulfill the requirements of a minor in another related discipline. Graduation requires 120 credits. Any credits necessary to reach that number outside of the CCC and major requirements are considered free electives.

## Clinical Psychology Concentration

The Department of Psychology offers a clinical concentration of courses in support of those Saint Joseph's Psychology majors who are interested in pursuing careers in clinical psychology, counseling psychology, and related mental health fields. Psychology majors are eligible to take an additional sequencing of courses to gain greater understanding of the field of clinical psychology. The goals of the clinical concentration are:

- To ensure that students take additional courses required by graduate programs in clinical psychology (e.g., Developmental Psychology and Abnormal Psychology).

- To help students better understand the field of clinical psychology and to make informed choices on fit with various types of graduate programs (e.g., social work vs. clinical psychology vs. health psychology) and the type of theoretical orientation the various types of programs provide (e.g., psychodynamic, cognitive-behavioral, socio-cultural).
- To encourage students to gain some exposure to the clinical psychology profession (e.g., to the tasks clinicians perform and/or to special populations with whom they work).

Completion of all **six** courses listed below is required to earn the designation of 'Clinical Concentration' on a student's transcript. Specifically, PSY 232, PSY 300, and PSY 301 will count for the Clinical Concentration, but will not count as Psychology major requirements. PSY 231, PSY 236/237, and PSY 390 will count for both the Clinical Concentration and as Psychology major requirements.

Code	Title	Hours
PSY 231	Developmental Psychology	3
PSY 232	Adv. Psychological Disorders (prerequisite for PSY 300 and PSY 301)	3
PSY 236, or PSY 237	Clinical Concentration Elective	3
PSY 300	Clinical Psychology	3
PSY 301	Psychological Assessment	3
or PSY 302	Counseling Skills	
PSY 390	Internship I	3
or PSY 391	Internship II	

## Requirements For Departmental Honors

Students may take any psychology course for Honors credit, provided they get permission from the instructor at the time they register for the course. A contract is negotiated between student and faculty member on what additional work is to be done for Honors credit.

To receive departmental honors, students must either:

(A) Write a College Honors thesis, with PSY 392 and PSY 393 as the appropriate courses. Students must identify a member of the psychology faculty willing to serve as mentors in advance of completing the Honors thesis/capstone approval form.

or

(B) Complete a College Honors Capstone Sequence by choosing one of two options:

1) Complete two research seminar courses (PSY 491- 494) upgraded to honors and complete an individual research project in each course.

2) Complete a two-semester sequence that includes one honors upgraded research seminar (PSY 491- 494) with an individual research project and one honors upgraded independent research course (PSY392 or PSY393). This sequence must be completed in consecutive semesters.

**PLEASE NOTE: If a student wishes to upgrade a research seminar course to honors, they must notify the instructor of their plan to upgrade at the time when they register for the relevant course. If a student switches sections, they must notify the instructor of the section into which they have switched, as well as the instructor of the section they have left.**

**This must happen during registration. If the instructor is not notified early enough, the upgrade may not be possible.**

Requirements for University Honors and University Scholar may be found on the Saint Joseph's web pages for the Honors Program.

## Requirements for Psi Chi, the International Honor Society in Psychology

Saint Joseph's University maintains an active chapter of Psi Chi ( $\Psi\chi$ ), the International Honor Society in Psychology. The purpose of Psi Chi is to encourage, stimulate, and maintain excellence in scholarship, and to advance the science of Psychology. Membership in Psi Chi is open to all students who meet the following minimum qualifications:

- Registration for major or minor standing in Psychology.
- A rank in the upper 35% of their graduating class in general scholarship.
- Completion of the following courses:
  - Introductory Psychology (either PSY 100 or PSY 101)
  - Research Methods (PSY 210)
  - Statistics for the Social Sciences (PSY 211)
  - At least one other Psychology course
- A cumulative GPA not lower than 3.2 in all Psychology classes, as well as in overall cumulative grades.
- Two-thirds affirmative vote of those members present at a regular meeting of the chapter.
- High standards of personal behavior.
- Approval of the International Psi Chi office.

## Typical Course Sequence

Course	Title	Hours
<b>First Year</b>		
<b>Fall</b>		
PSY 101	Intro Psychology Seminar	3
Non-Native Language		3-4
World History		3
ENG 101	Craft of Language	3
Theology		3
<b>Hours</b>		<b>15-16</b>
<b>Spring</b>		
PSY 231	Developmental Psychology	3
or PSY 201	or Biological Bases of Behavior	
PSY Breadth Elective 1		3
Literature		3
Mathematics		3
Philosophy Level One		3
INT 151	Inequality in American Society	1
<b>Hours</b>		<b>16</b>
<b>Sophomore</b>		
<b>Fall</b>		
PSY 290	Professional Prep Seminar	1
PSY 201	Biological Bases of Behavior	3
or PSY 231	or Developmental Psychology	
PSY Breadth Elective 2		3
Philosophy Level Two		3
Fine & Performing Arts, Design & Creativity		3
Free Elective		3
<b>Hours</b>		<b>16</b>

<b>Spring</b>		
PSY Breadth Elective 3		3
Literature		3
Religious Studies		3
Free Electives		6
<b>Hours</b>		<b>15</b>
<b>Junior</b>		
<b>Fall</b>		
PSY 210 or PSY 211	Research Methods or Stats for the Social Sciences	3
PSY 212	Multicultural Psychology	3
Free Electives		9
<b>Hours</b>		<b>15</b>
<b>Spring</b>		
PSY 211 or PSY 211	Stats for the Social Sciences or Stats for the Social Sciences	4
Experiential - Internship or Service-Learning		3
PSY Breadth Elective 4		3
Free Electives		6
<b>Hours</b>		<b>16</b>
<b>Senior</b>		
<b>Fall</b>		
PSY Research Seminar		3
Mission Specific (PSY 236 is optional)		3
Free Electives		9
<b>Hours</b>		<b>15</b>
<b>Spring</b>		
Natural Science		4
PSY Breadth Elective 5		3
Free Electives		9
<b>Hours</b>		<b>16</b>
<b>Total Hours</b>		<b>124-125</b>