INTERDISCIPLINARY HEALTH SERVICES MINOR

Learning Goals and Objectives

**Goal 1:** Graduates of the Interdisciplinary Health Services Program will know and understand the biological, psychological, and social determinants of health and well-being.

Objective 1.1: Graduates will demonstrate knowledge of how race, social class, gender, culture, geographic location, and disability influence physical and mental health.

Objective 1.2: Graduates will demonstrate knowledge of the primary health issues at each stage of life and how healthcare needs change across the lifespan.

**Goal 2:** Graduates of the Interdisciplinary Health Services Program will apply health theories to health practice and research.

Objective 2.1: Graduates will demonstrate knowledge of health promotion planning, needs assessment, program development, and evaluation by developing and implementing a health promotion project.

Objective 2.2: Graduates will be able to foster health behavioral change by applying systematic, measurable, and supportive (empathic) approaches.

**Goal 3:** Graduates of the Interdisciplinary Health Services Program will demonstrate literacy in the language of health professions.

Objective 3.1: Graduates of the Interdisciplinary Health Services Program will effectively use the terminology and language of the health professions.

Objective 3.2: Graduates will be able to analyze regional, national and global health data and to draw logical conclusions based on health data.

Objective 3.3: Graduates will be able to critically evaluate and apply current research in the health professions to health promotion and disease prevention practice.

**Goal 4:** Graduates of the Interdisciplinary Health Services Program will collaborate with others in order to promote health and well-being of people in need.

Objective 4.1: Graduates will demonstrate an understanding of healthcare systems and effective healthcare systems management.

Objective 4.2: Graduates will be able to educate, delegate, and coordinate with others to promote health and well-being of a population.

**Goal 5:** Graduates of the Interdisciplinary Health Services Program will follow ethical codes of conduct of the health professions.

Objective 5.1: Graduates will follow and promote ethical conduct reflecting Jesuit values, specifically the values of honesty, respect for persons, and justice.

Objective 5.2: Graduates will demonstrate the maturity to make decisions and to take professional responsibility for those decisions.

Objective 5.3: Graduates will act as global citizens, holding personal and career objectives that honor and serve the beneficence of people in need.

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Students may minor in Interdisciplinary Health Services by taking four core courses and two IHS elective courses.

<table>
<thead>
<tr>
<th>Code</th>
<th>Title</th>
<th>Hours</th>
</tr>
</thead>
<tbody>
<tr>
<td>IHS 110</td>
<td>Psyc Aspects Illness &amp; Disab</td>
<td>3</td>
</tr>
<tr>
<td>IHS 211</td>
<td>HlthCareSystem/ Responsibility</td>
<td>3</td>
</tr>
<tr>
<td>IHS 323</td>
<td>Health and Society</td>
<td>3</td>
</tr>
<tr>
<td>IHS 331</td>
<td>Statistics &amp; Research Methods</td>
<td>3</td>
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Select two IHS elective courses from the Health Services course group

1 This course may be waived if the student has completed an equivalent research methods course in another social science department. If IHS 331 is waived, the student will substitute one IHS elective.